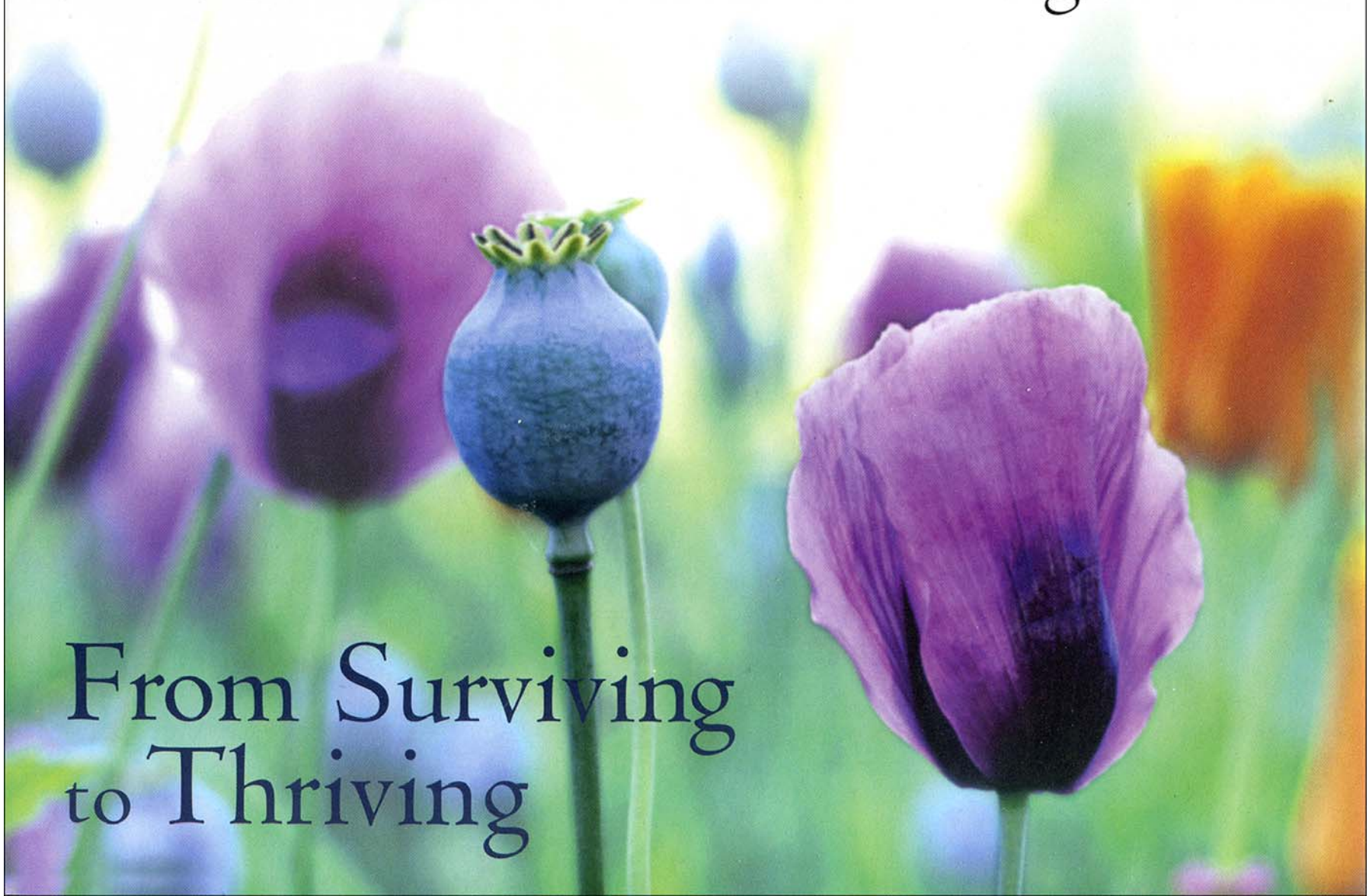


JEANNE ACHTERBERG JEAN SHINODA BOLEN JOAN BORYSENKO
CARYLE HIRSHBERG MICHAEL LERNER DAWNA MARKOVA
DEENA METZGER RACHEL NAOMI REMEN MARION WOODMAN

Cancer As a Turning Point

From Surviving
to Thriving



For Anyone Facing Cancer – Nine Essential Learning Sessions

One in three women in the United States will be diagnosed with cancer – a situation that can throw even the most self-assured individual into a crisis of body, mind, and spirit. To survive – and more than that, to *thrive* – we must rally all of our inner resources. On *Cancer As a Turning Point*, nine bestselling authors and healers – many of whom are thriving after cancer diagnoses – reframe the healing process in a positive, creative, spiritual light. Distilled from the nationally acclaimed Healing Journeys conferences, *Cancer As a Turning Point* collects for the first time the sessions most relevant and useful to anyone whose life has been touched by cancer or other life-threatening illness. This information-filled anthology of real-world wisdom includes:

■ **Jeanne Achterberg, Ph.D.**
Transpersonal Medicine: The Role of Sacred Ritual in Healing

A pioneer in the use of imagery in healing explores the healing potentials of ritual and community. Referencing rituals from varied cultures, Achterberg illustrates how ritual gives meaning to life-threatening illness and how this meaning "is medicine."

■ **Dawna Markova, Ph.D.**
**No Enemies Within:
 A Creative Process for Discovering
 What's Right About What's Wrong**

Internationally known for her research in perception and learning, Markova offers a model for looking at illness as a way of becoming whole. She teaches that by reclaiming our shadow – the parts of ourselves that are most difficult to accept – we can reconnect with the world and find greater fulfillment.

■ **Jean Shinoda Bolen, M.D.**
The Power of Myth and Truth in Healing

Renowned for her bestselling classic on feminine archetypes, *Goddesses in Everywoman*, this gifted Jungian analyst and clinical professor of psychiatry shows how illness can be viewed as a mythological descent into the underworld – and how this framework can lead us to a greater understanding of ourselves.

■ **Joan Borysenko, Ph.D.**
Fire in the Soul

Borysenko transformed the way we approach healing in her bestselling book *Minding the Body, Mending the Mind*. Here, this medical scientist, psychologist, and leader in mind/body medicine guides us through the soul-searching that arises in the face of a cancer diagnosis, and how we can use this process to rally our physical, emotional, and spiritual resources.

■ **Rachel Naomi Remen, M.D.**
**Healing Medicine: Recovering
 the Heart of Health Care**

The author of the national bestseller *Kitchen Table Wisdom* draws from her own 40-year experience with a life-threatening disease to show how a recognition of the body's innate healing power is crucial to restore the spirit of service to health care, and to further its ability to heal.

■ **Deena Metzger, Writer**
**The Creative Use of Imagination
 in Healing**

In this personal and passionate talk about her journey through cancer treatment, the author of *Writing for Your Life* shares how she discovered her creativity and regained inner spiritual balance in the midst of crisis.

■ **Caryle Hirshberg, Ph.D.**
**The Remission Project
 and Implications for Patient Care**

Hirshberg provides an inside look at the probabilities of actual and continued remission. Illustrated by real-life stories of cancer survivors, Hirshberg discusses the groundbreaking work of the Remission Project.

■ **Michael Lerner, Ph.D.**
**Choices in Cancer Treatment and the
 Emerging Environmental Health Movement**

The founder of Commonweal – the institution that pioneered alternative and complementary cancer treatment – explains their fivefold approach to healing. Includes a detailed survey of traditional and nontraditional cancer treatments.

■ **Marion Woodman, Jungian Analyst**
Every Inch a Queen

Taking inspiration from *King Lear's* "Every Inch a King," Jungian analyst and author Marion Woodman shares how a shift in attitude helped her survive cancer and approach life with renewed confidence and dignity.

About the Nationally Acclaimed Healing Journeys Conferences

Combining the needs she felt as a cancer survivor with her experience teaching seminars to health professionals on healing from within, Jan Adrian designed the two-day conference "Cancer As a Turning Point: From Surviving to Thriving™." The purpose of this conference is to celebrate, empower, awaken, and network all whose lives have been touched by cancer or other life-threatening illnesses. The conference includes talks by such luminaries as are included in this tape set, as well as healing stories, music, drama, humor, art, and opportunities for connecting.

Healing Journeys conducts an ongoing series of national conferences, offered at no cost. For more information, please contact:

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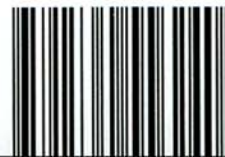
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